



Dear Provider:

The purpose of this letter is to inform you about the **Screening, Brief Intervention and Referral to Treatment (SBIRT)** process for Medi-Cal members. SBIRT is an early intervention screening approach that targets individuals 18 years of age and older for alcohol misuse. The screening provides persons engaged in risky or hazardous drinking with brief counseling interventions and/or a referral to mental health and/or alcohol use services, as medically necessary. The screening is a requirement of the Department of Health Care Services (DHCS).

### **When Does a PCP Administer SBIRT?**

When a Medi-Cal member age 18 and older, answers "yes" to the alcohol pre-screen question in the Staying Health Assessment (SHA) or at any time the PCP identifies a potential alcohol misuse problem, he/she must offer to administer the **Alcohol Use Disorder Identification Test (AUDIT)** or **Alcohol Use Disorder Identification Test-Consumption (AUDIT-C)**. Please see the attached and these forms can be found on the Vantage Medical Group website under the IPA tab under resources or on the DHCS website at; <http://www.dhcs.ca.gov/services/medi-cal/Pages/SBIRT>.

All providers that see Medi-Cal members age 18 and older are required to complete SBIRT training and return a signed Attestation form to Vantage Medical Group. Trainings are available at the above DHCS website.

To learn more about SBIRT please follow the following link;

<http://www.dhcs.ca.gov/formsandpubs/Documents/MMCDAPLsandPolicyLetters/APL2014/APL14-004.pdf>

As indicated above, please complete the training and return the enclosed Attestation form to Vantage Medical Group's Quality Management Department at fax (951) 280-8218.

If you have any questions feel free to contact Crystal Gordon, LVN QM Manager or

Stacy Grillo, LVN QM Nurse at (951) 280-7700.

Thank you,

Vantage Medical Group Quality Management Department