

## California Smokers' Helpline

Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	English	FREE	1-800-NO-BUTTS
Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	Spanish	FREE	1-800-456-6386
Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	Cantonese	FREE	1-800-838-8917
Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	Vietnamese	FREE	1-800-778-8440
Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	Korean	FREE	1-800-556-5564
Smoking Cessation Counseling	Mon-Fri 9am-9pm & Sat 9am-1pm	TDD/TTY	FREE	1-800-933-4833